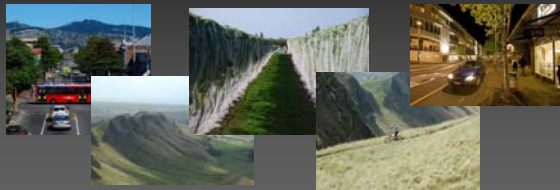


## Challenging Barriers to Activity Hastings: Model Community

Angus Bargh



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## Access ~~=~~ utilisation?

Example: If you make my walk to school easier I will walk to school more often?

No, not necessarily because  
this is an **ASSUMED CAUSATION**

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## Don't take my word for it...

- Stepping towards causation: Do built environments or neighborhood and travel preferences explain physical activity, driving, and obesity? Lawrence Douglas Frank, Brian E. Saelens, Ken E. Powell, James E. Chapman (2007)
- Built Environments **INFLUENCE** Travel Behaviour
- How do we measure causation for active mode barriers?
- "THE SELECTION PROBLEM"

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- Do prisoners who reoffend do so because they are influenced by their neighbourhoods? Or do they return to their neighbourhood specifically to commit more crime?
- What do you measure to answer this?... Selection Problem?

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## As Engineers we:

- See this:
- Build this:
- And Get This:



- Causation is a simpler problem to solve

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- Do people walk and cycle more because the infrastructure encourages it? Or do people who like to walk and cycle move to areas which offer better infrastructure?...
- The prisoner reoffending problem?... Hurricane Katrina showed that a prisoner was nearly twice as likely to recommit crime if released back into the same neighbourhood.
- Epidemiologists are looking at the Christchurch Earthquake to determine the relationship between activity and infrastructure

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## Model Communities?

- We don't understand causation relationships of walking and cycling
- To achieve change we have to understand the real barriers and constraints to travel options
- Represent existing (model), predict future (model) and assess perception and opinion

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## NZTA Model Community

- NZTA announced \$7m funding available to become New Zealand's first walking and cycling model community
- 22 Councils submitted expressions of interest
- Hastings and New Plymouth selected as model communities

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## NZTA Model Community Funding

- Funding to be provided over financial years 2010/11 and 2011/12
- New Plymouth: \$3.71m
- Hastings: \$3.57m

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The purpose of this investment is to help create an environment that will make walking and cycling easy transport choices.

Ms Jenny Chetwynd, Central Regional Director, NZTA  
25 June 2010

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## HDC Vision



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## HDC Vision: Making Walking and Cycling Irresistible

Four target user groups:

- Walk and Cycle to Work
- Walk and Cycle for Fun
- Walk and Cycle to Shop
- Walk and Cycle to School

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## Hastings Area Transportation (HAT) Model

- Commissioned by HDC in May 2009
- Stakeholder Group led by HDC and included NZTA & HBRC
- Multi modal model – Cars, heavy vehicles, buses, cycles and pedestrians
- AM & PM Peak Period Models

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## HDC Model Communities Application: Utilisation of HAT (traffic) Model

- Select link analysis at several key locations
- Trip length distribution by land use
- Determine proportion of trips along key routes within target distance for mode shift to walking or cycling

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## Study Area



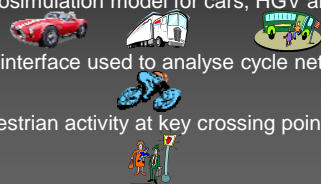
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## Hastings Area Transportation (HAT) Model

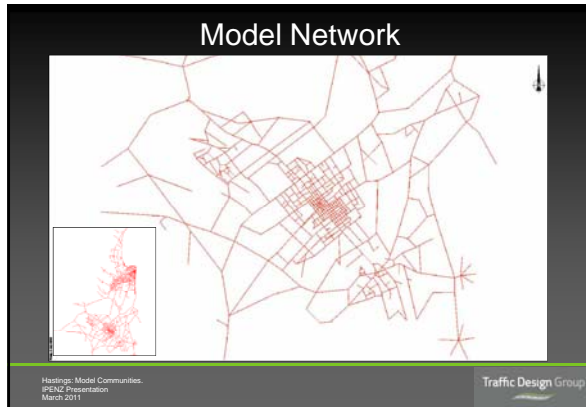
Three parts to model:

- Microsimulation model for cars, HGV and PT
- GIS interface used to analyse cycle network
- Pedestrian activity at key crossing points



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### HAT Model: Pedestrians

- 15 unsignalised pedestrian crossings modelled (Zebra)
- Replicate random arrival of pedestrians
- Frequency and duration of pedestrian calls based on survey information from HDC

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### HAT Bicycle Model

- Theoretical model – no physical interaction with vehicles
- Shows most likely route choice by cyclists based on distance, prevailing traffic conditions and cycle network infrastructure
- Used to assist with strategic planning of cycling infrastructure

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### Bicycle Compatibility Index (BCI<sub>LI</sub>)

- The form of the BCI model is given below:
- $BCI = C + a1*BL + a2*BLW + a3*CLW + a4*CLV + a5*OLV + a6*SPD + a7*PKG + a8*AREA + AF$

Where:

- BL = Presence of a Bicycle Lane or Paved Shoulder
- BLW = Bicycle Lane or Paved Shoulder Width
- CLW = Curb Lane Width
- CLV = Curb Lane Volume
- OLV = Other Lane Volume
- SPD = 85th Percentile Speed of Traffic
- C = Constant
- PKG = Presence of a Parking Lane With More Than 30% Occupancy
- AREA = Presence of Residential Roadside Development
- AF =  $f_t + f_p + f_{tr}$
- f<sub>t</sub> = Adjustment Factor for Truck Volumes
- f<sub>p</sub> = Adjustment Factor for Parking Turnover
- f<sub>tr</sub> = Adjustment Factor for Right Turn Volumes

And:

- C = 3.67
- a1 = -0.966
- a2 = -0.125
- a3 = -0.152
- a4 = 0.002
- a5 = 0.0004
- a6 = 0.035
- a7 = 0.506
- a8 = -0.254

Federal Highway Administration by the Highway Safety Research Center at the University of North Carolina (Hankey et al., 1998).

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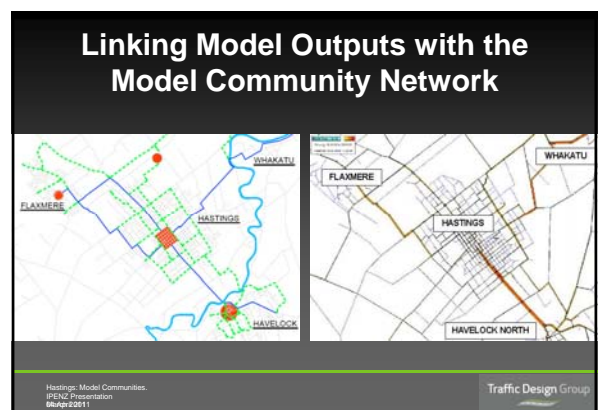
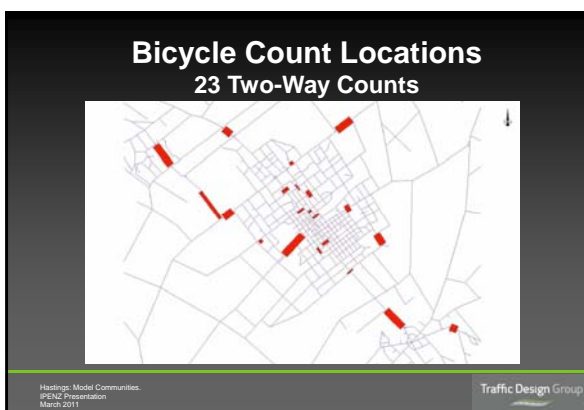
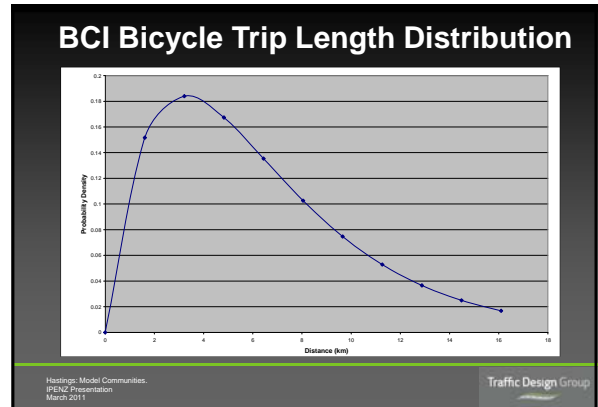
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## HAT Bicycle Model

- Calculated BCI for each link is applied as a link cost factor in Paramics Bicycle Model
- Bicycle trip length distribution follows probability density function (gamma function) described in BCI paper.
- All link speeds set to 20kph

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### Option Test: Upgrade of St. Aubyn Street

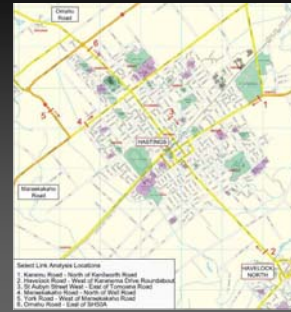


PM Peak Option Test Bicycle Flows

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### Select Link Locations

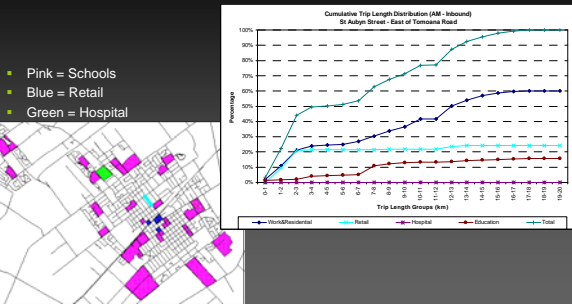


Select Link Analysis Locations  
 1. Karama Road - South of Karama Road  
 2. Karama Road - West of Karama Road  
 3. St. Aubyn Street - East of Tomoana Road  
 4. Karama Road - North of Karama Road  
 5. Karama Road - East of Karama Road

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### St. Aubyn Street – East of Tomoana Rd



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### HAT Model Purpose

- Enable HDC to plan for the sustainable growth of Hastings in the immediate and long term future
- Build a multi-modal modelling platform
- Determine the functionality of existing Hastings urban roading network

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## How are we challenging activity and behaviour in Hastings

- Represent real world constraints... through regional land-use model (vehicle ownership, income levels, household compositions etc)
- Determine detailed distribution and assignment (microsimulation model)
- Assess who travels less than 8km and what their trip purpose is
- Levy organisations with specific targets for activity
- Analyse where \$ is best put for optimal cycle routing

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## Conclusion: Encouraging Activity (Until our health professionals tell us otherwise)

- Identify Who To Target
- Engage Them in Process

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Many thanks to  
Hastings District Council



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