

**IPENZ Transportation Conference
14th-17th March, 2010, Christchurch**



The impact of choice of transport mode on personal pollution exposure

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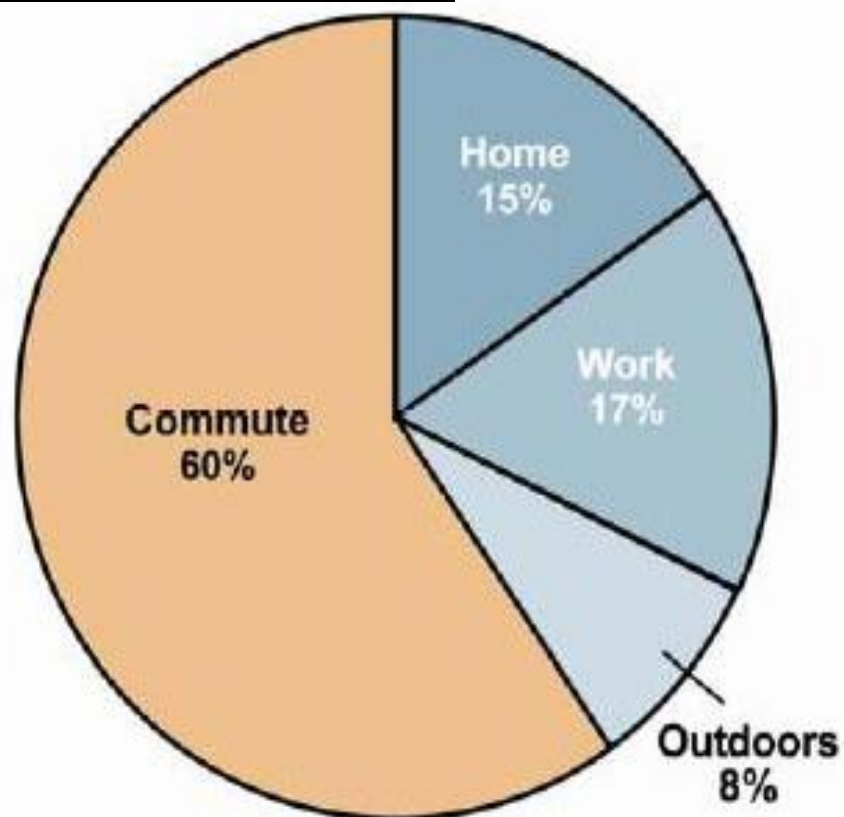
Travel choice and pollution exposure

- Does how you choose to travel affect how much pollution you are exposed to?
 - Exposure is the quality of air around you, not how much you actually breathe in (dose)

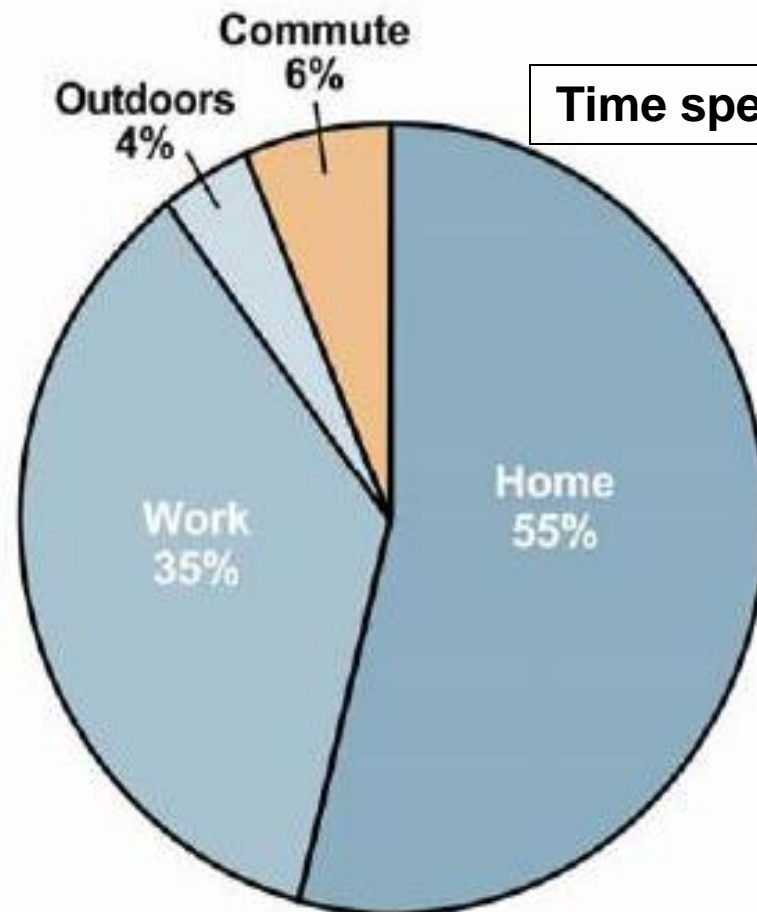
- Which is worst?
 - Car
 - Bus
 - Train
 - Bike

Transport & daily personal pollution exposure

Pollution exposure



Time spent



(CATF 2008)

Major Findings

- Most studies show car occupant exposure is higher than ambient concentrations & than train, bus, cycling & walking exposure
 - Wiesel *et al*, 1992; Gennart *et al*, 1994; Kingham *et al* 1998; van Wijnen & van der Zee, 1998; Chertok *et al*, 2004, Boogaard *et al*, 2009
- Some studies report lower levels in cars
 - Kaur *et al*, 2005; Mackay, 2004; Briggs *et al*, 2008

Why?

- Why?
- What about NZ?
 - Fleet composition
 - Vehicle ventilation
 - Proximity of modes
 - Route location & choice

exposure project

- Independent research funded by the NZTA (TAR 08/01), co-funded by FRST (CO1X0813)
- Universities of Canterbury & Auckland and National Institute of Water & Atmospheric Research (NIWA)
- Objectives:
 - Provide an accurate measure of personal pollution exposure by mode
 - Provide information to inform transport decision making at personal and societal levels
 - Provide a stronger base for advocating consumer change in behaviour

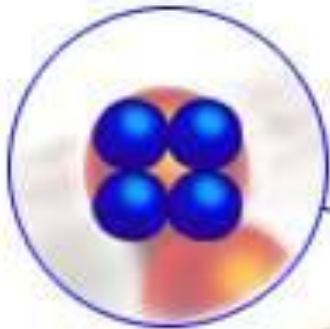
TV coverage

- *Campbell Live* (2/3/09)
 - www.3news.co.nz/Scientists-embark-on-air-pollution-study/tabid/367/articleID/93564/cat/84/Default.aspx

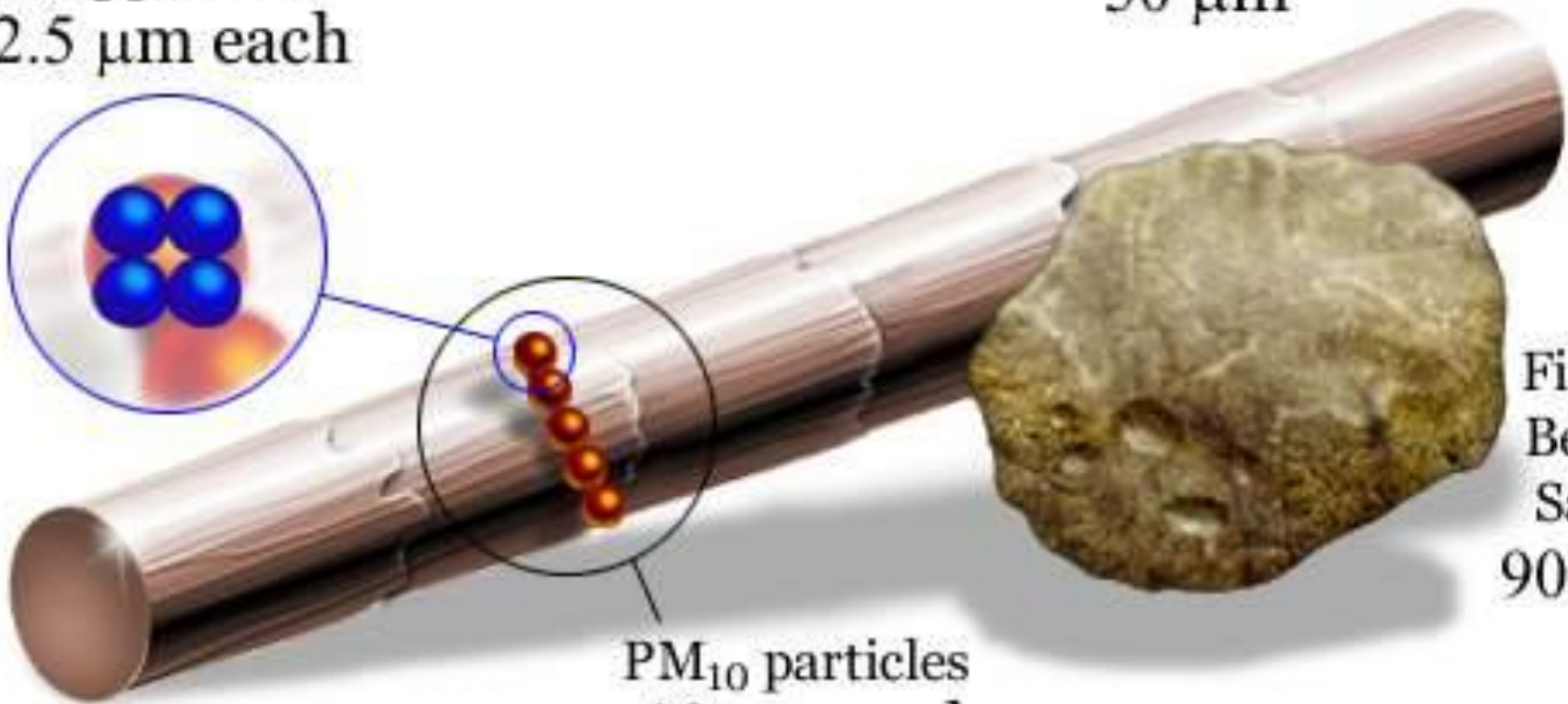
Methods

- Measure key traffic pollutants:
 - Carbon Monoxide (CO), particulate matter (PM₁₀, PM_{2.5}, PM₁) & Ultrafine fine particles (UFPs)

PM_{2.5} particles
< 2.5 μm each



Human Hair
50 μm



PM₁₀ particles
< 10 μm each

Finest
Beach
Sand
90 μm



Methods

- Measure key traffic pollutants:
 - CO, PM₁₀, PM_{2.5}, PM₁ & UFPs
- Busy commuting routes in Christchurch and Auckland

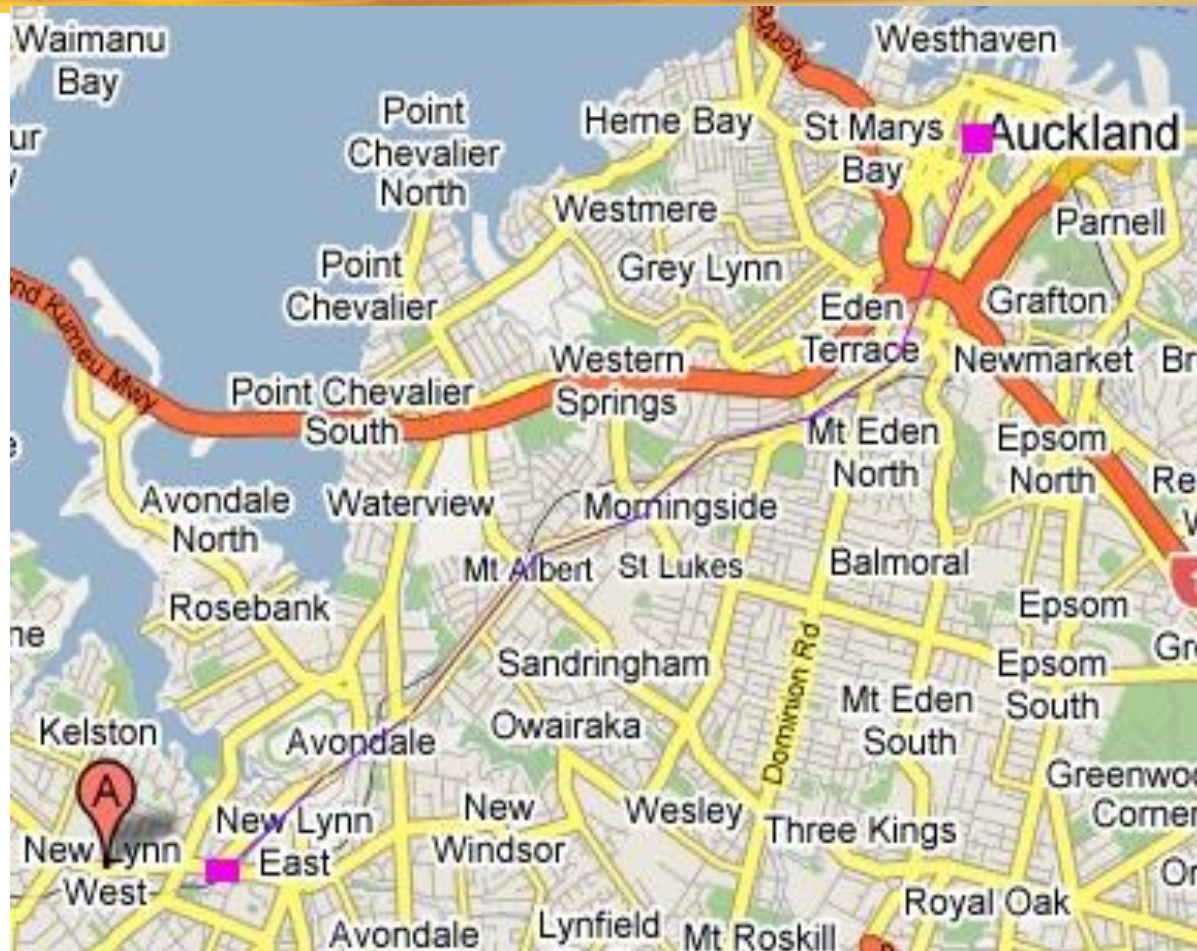
Routes - Christchurch



Inter-modal Journey 1

Inter-modal Journey 2

Routes - Auckland



Inter-modal route

Methods


- Measure key traffic pollutants:
 - CO, PM₁₀, PM_{2.5}, PM₁ & UFPs
- Busy commuting routes in Christchurch and Auckland
- Compare different commuting modes:
 - Cyclists – On-road and off-road
 - Car
 - Bus
 - Train (Auckland)
- Using a variety of scientific instruments including particle counters, CO measurers, weather tracking devices and GPS camera phones





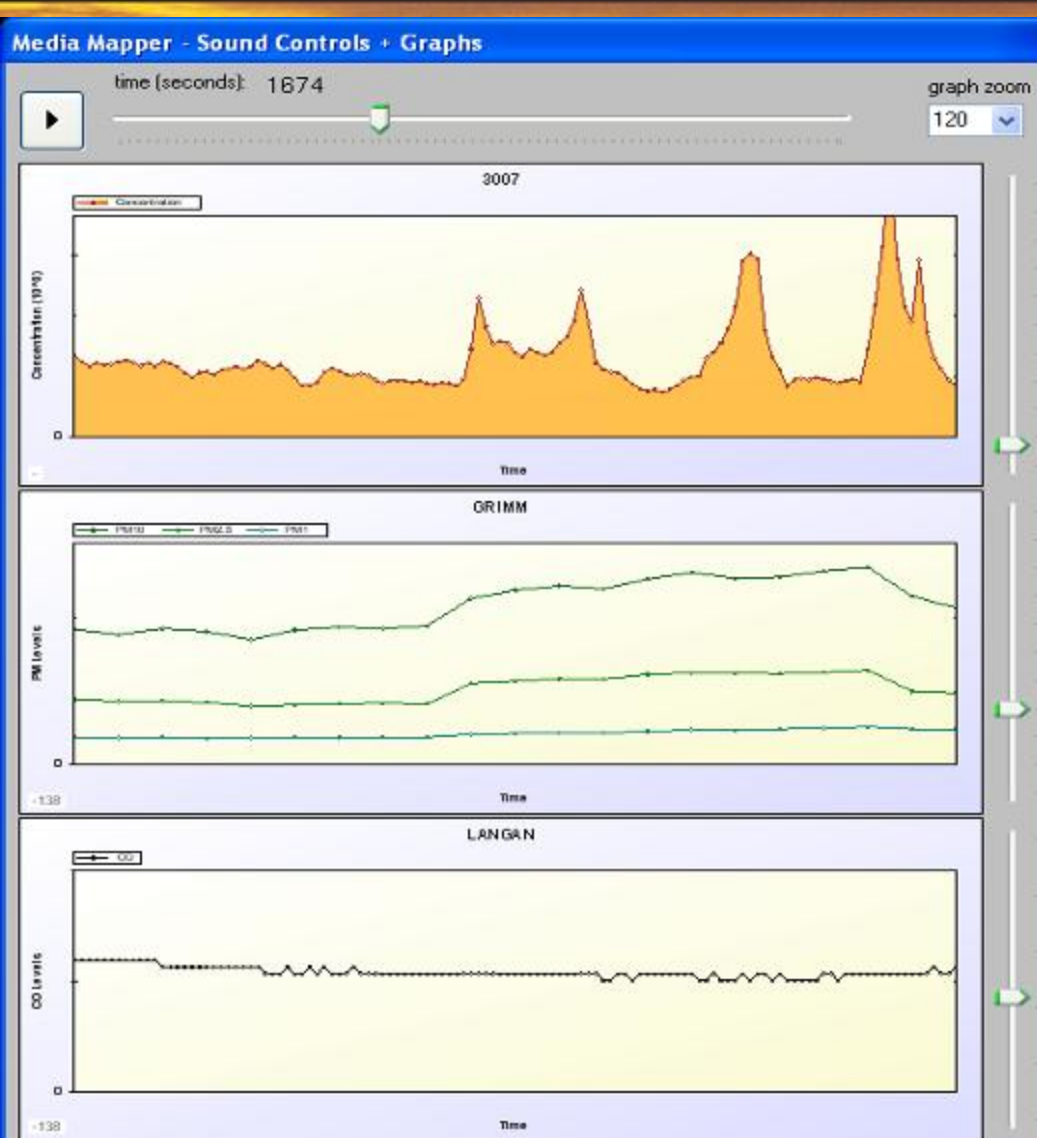




-  On-Road
-  7 m away
-  19 m away

42 m

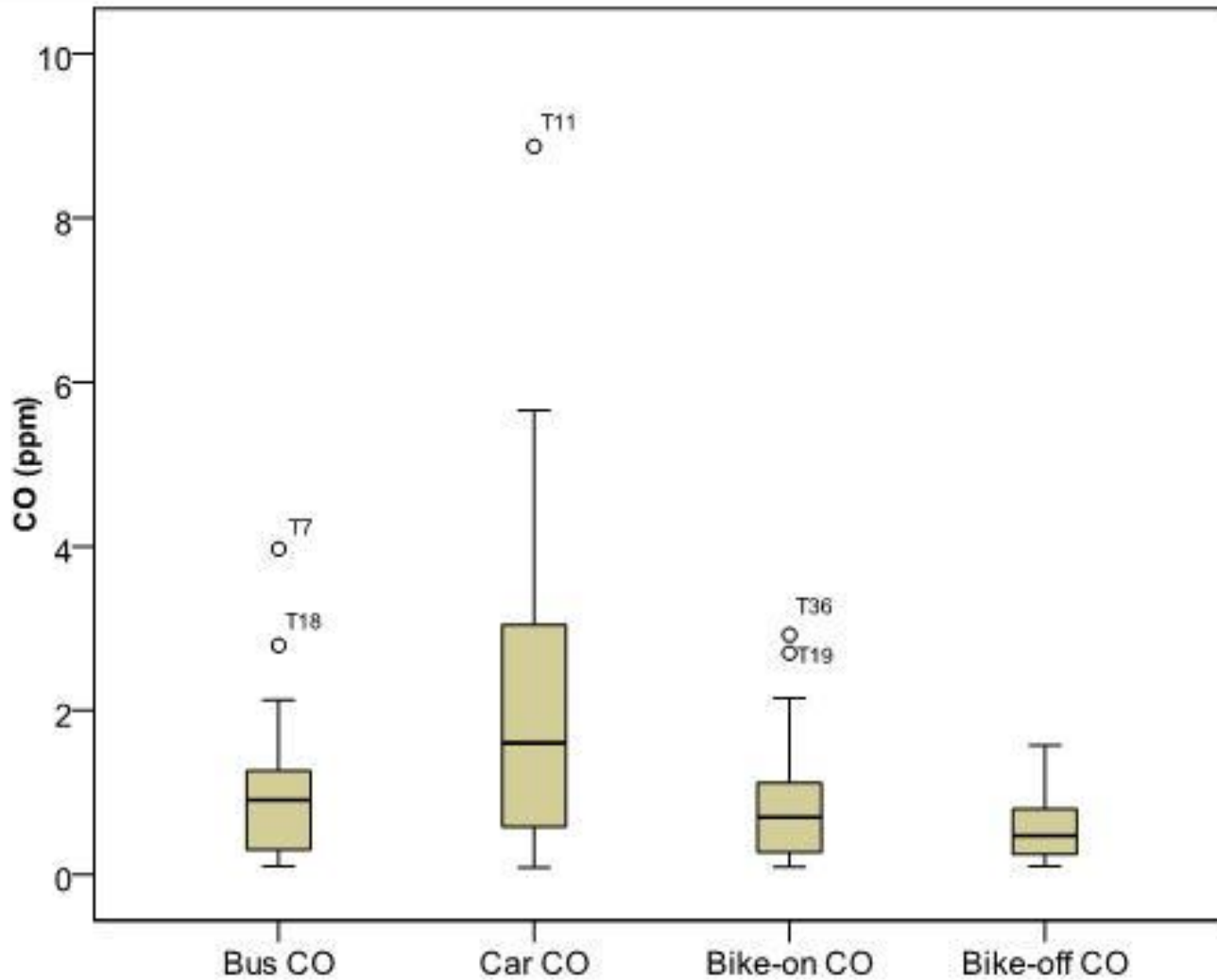
Analyse peak events in GRC Mapper to determine how peaks correlate with activity



Results

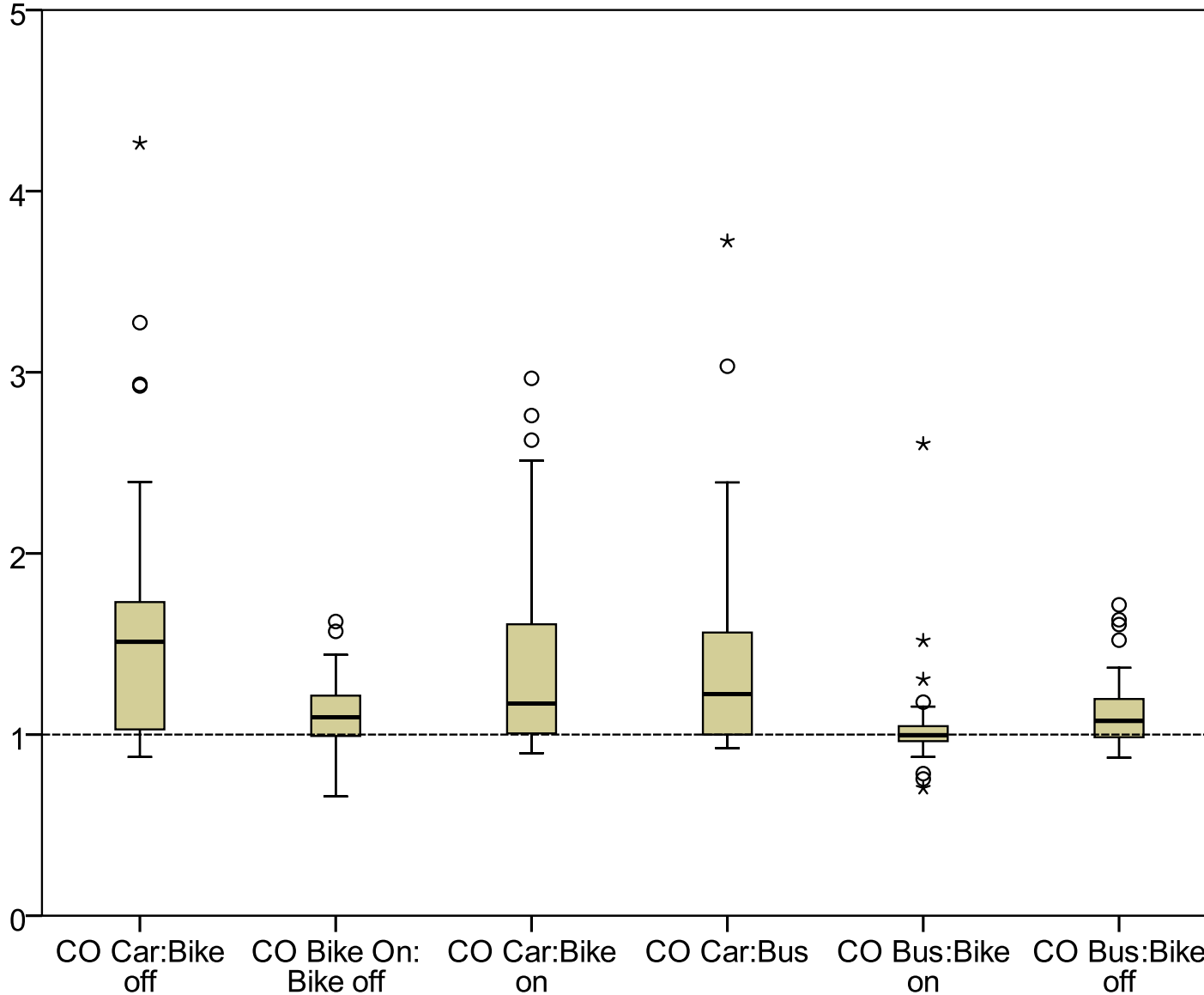
- Comparing means potentially misleading
 - Need to compare simultaneously sampled modes
- Large PM fraction not appropriate indicator of exposure to traffic emissions
 - Off-road (near no traffic) often higher than on-road
 - Resuspended dust

Results – Christchurch CO



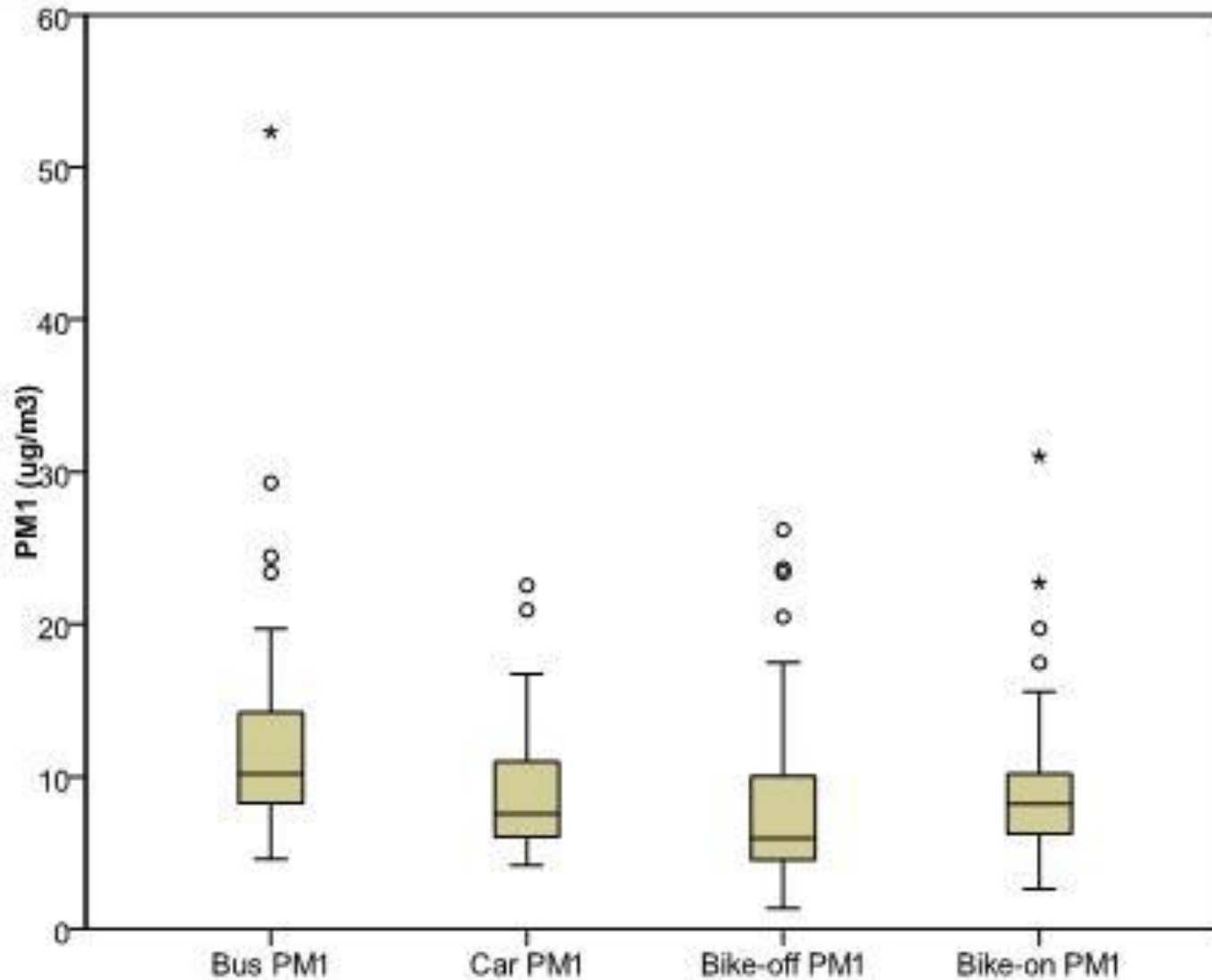
Mean CO
levels

Results – Christchurch CO



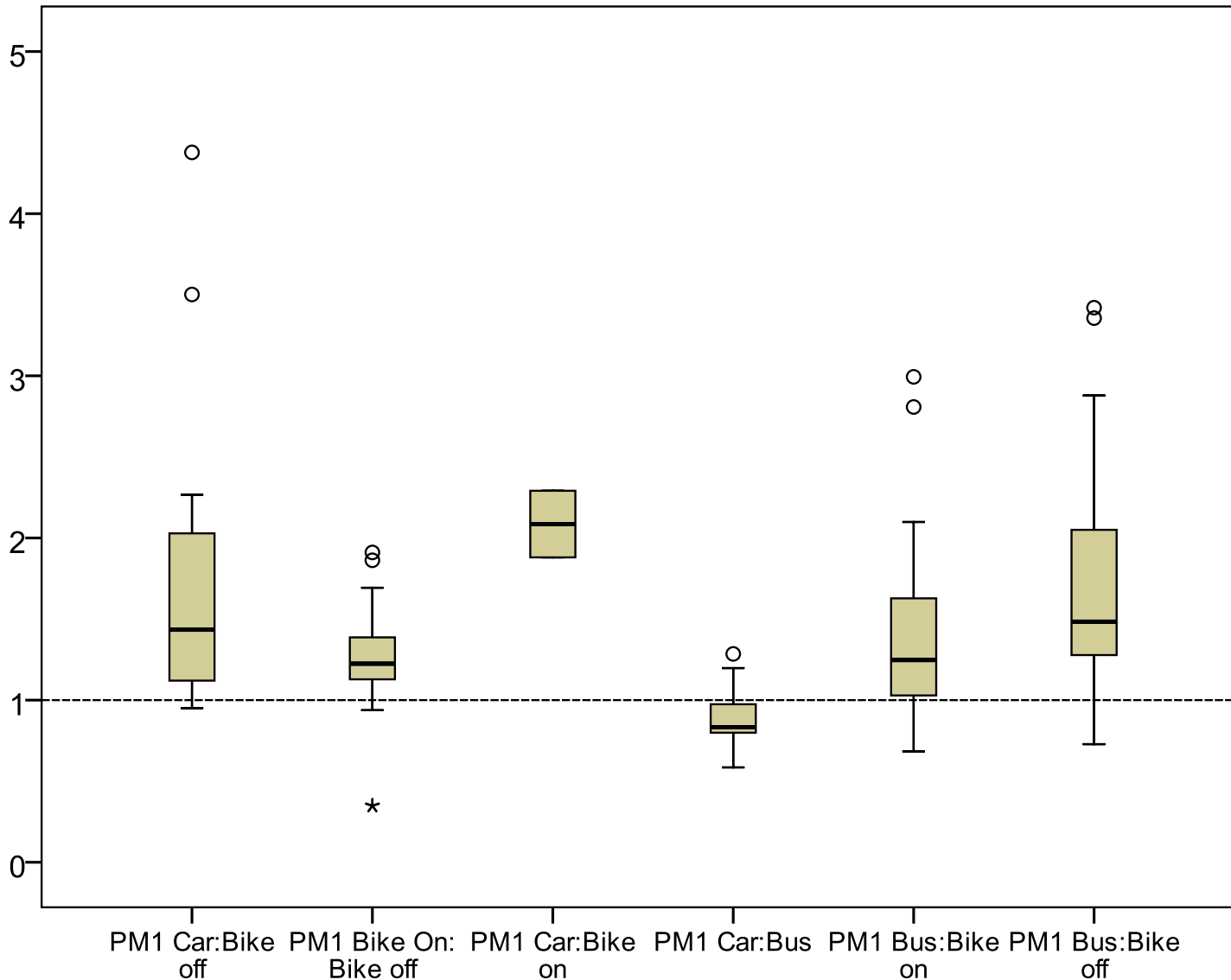
Ratios of
CO levels

Results – Christchurch PM₁



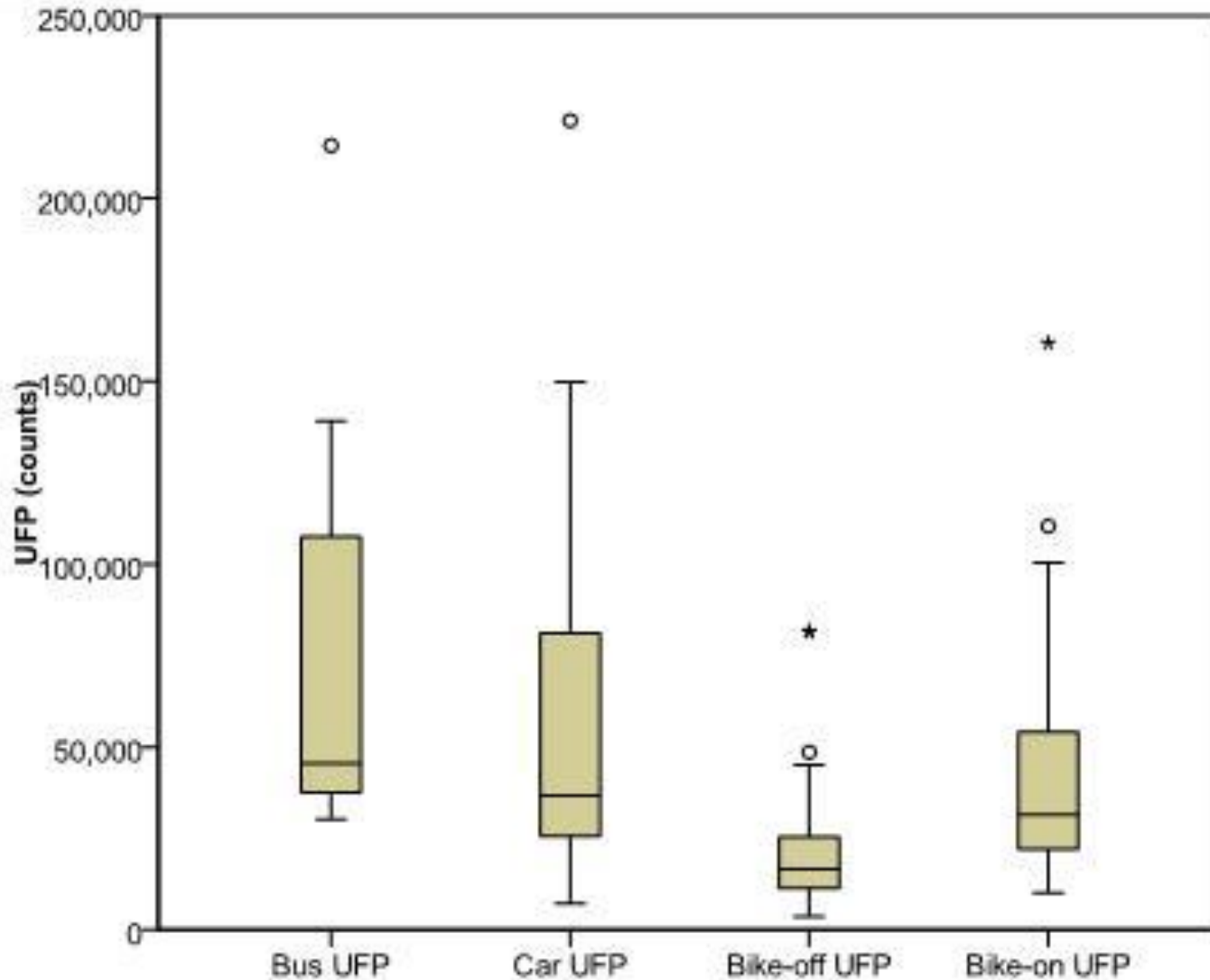
Mean PM₁
levels

Results – Christchurch – PM₁



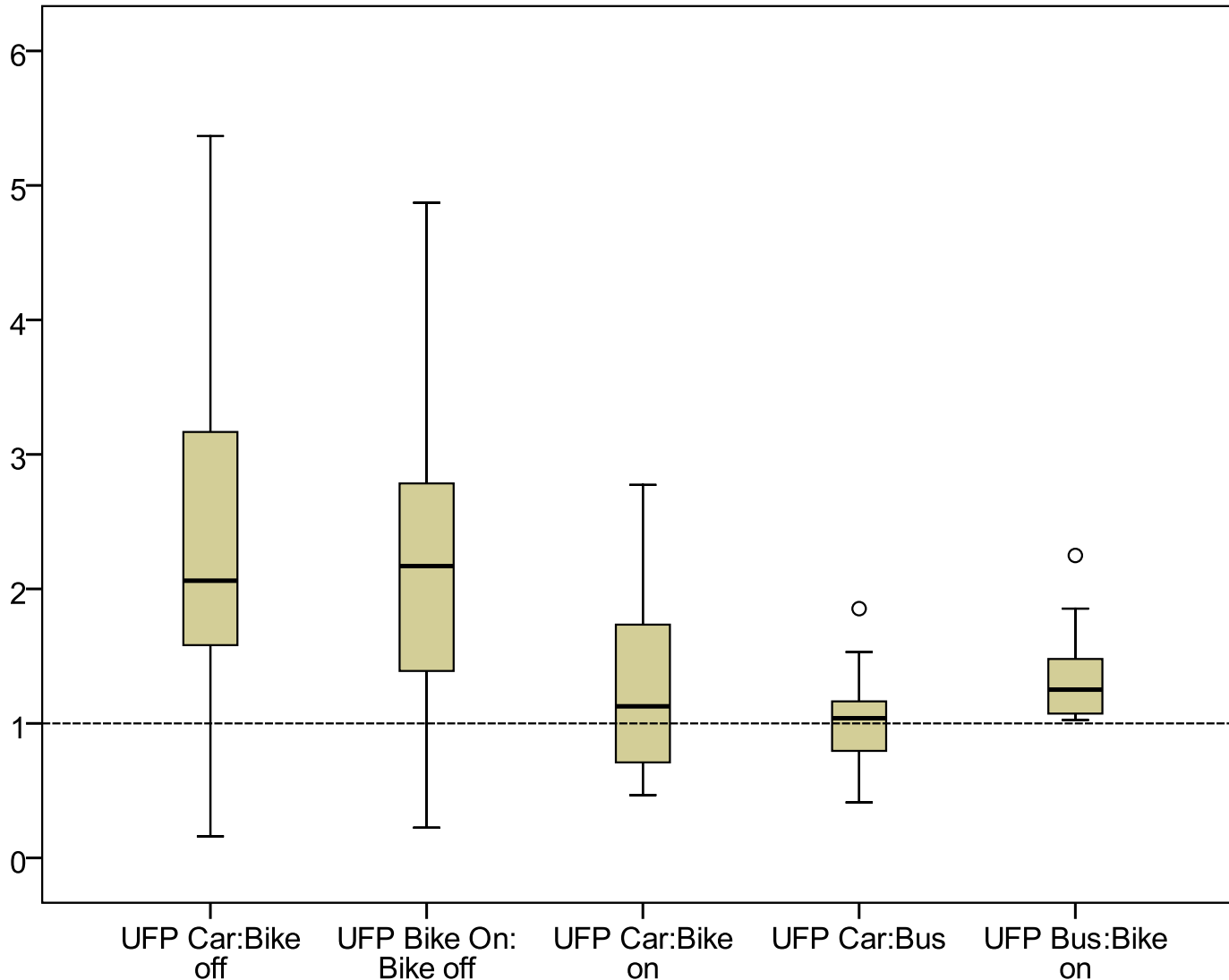
Ratios of PM₁ levels
 (note: car and on-road bike were only simultaneously measured on two occasions).

Results – Christchurch UFP



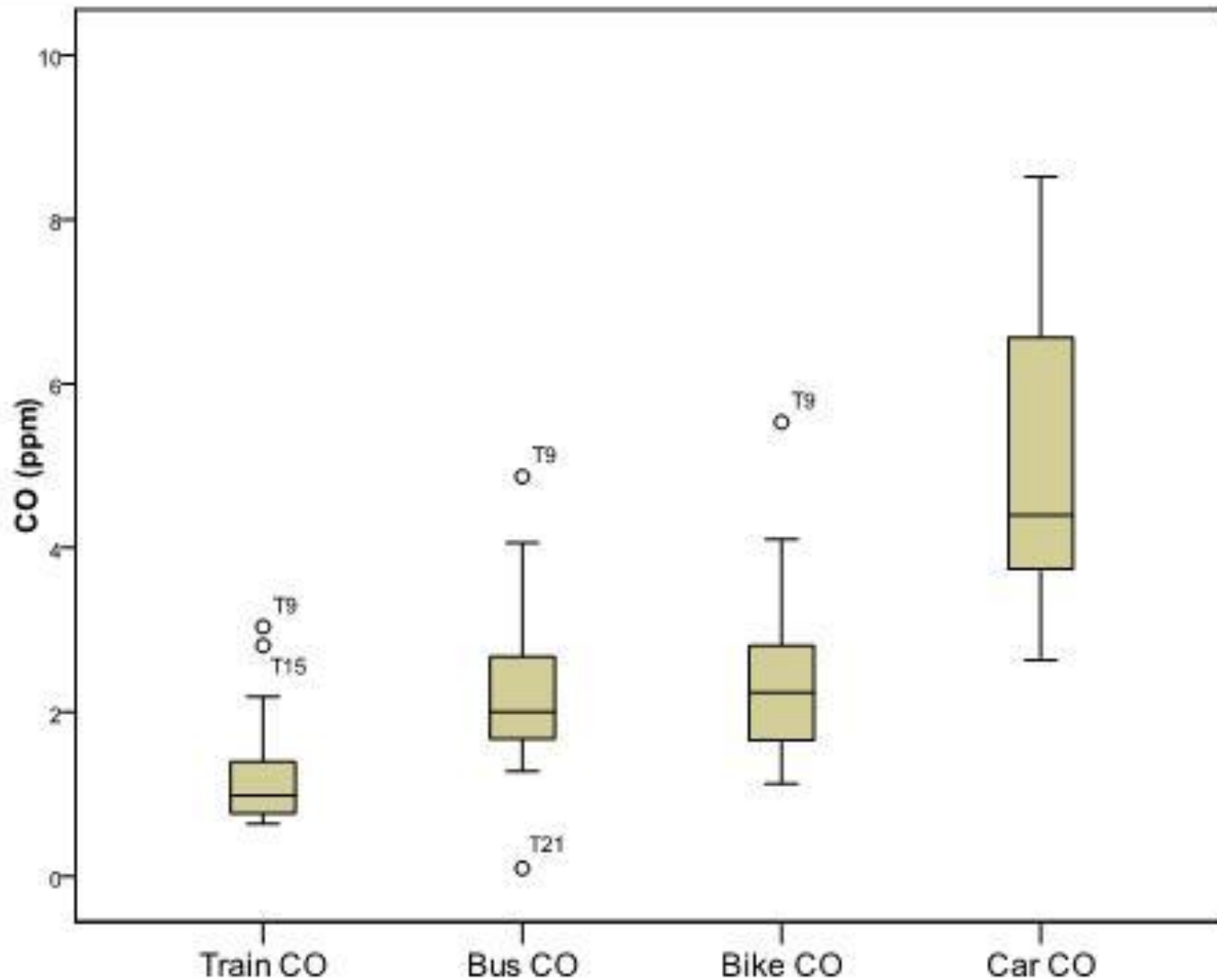
Mean UFP
levels

Results – Christchurch – UFP



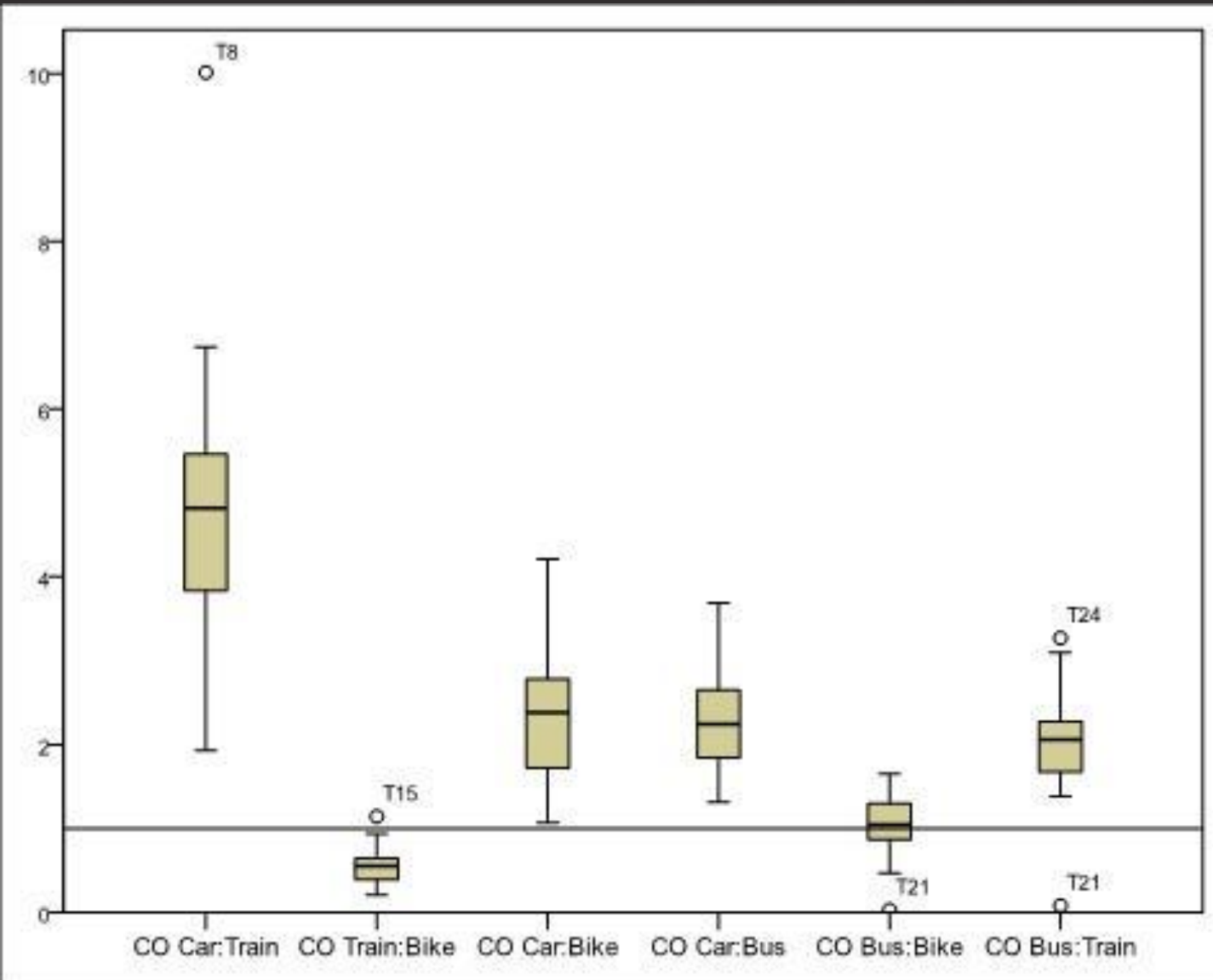
Ratios of UFP
levels

Results – Auckland CO



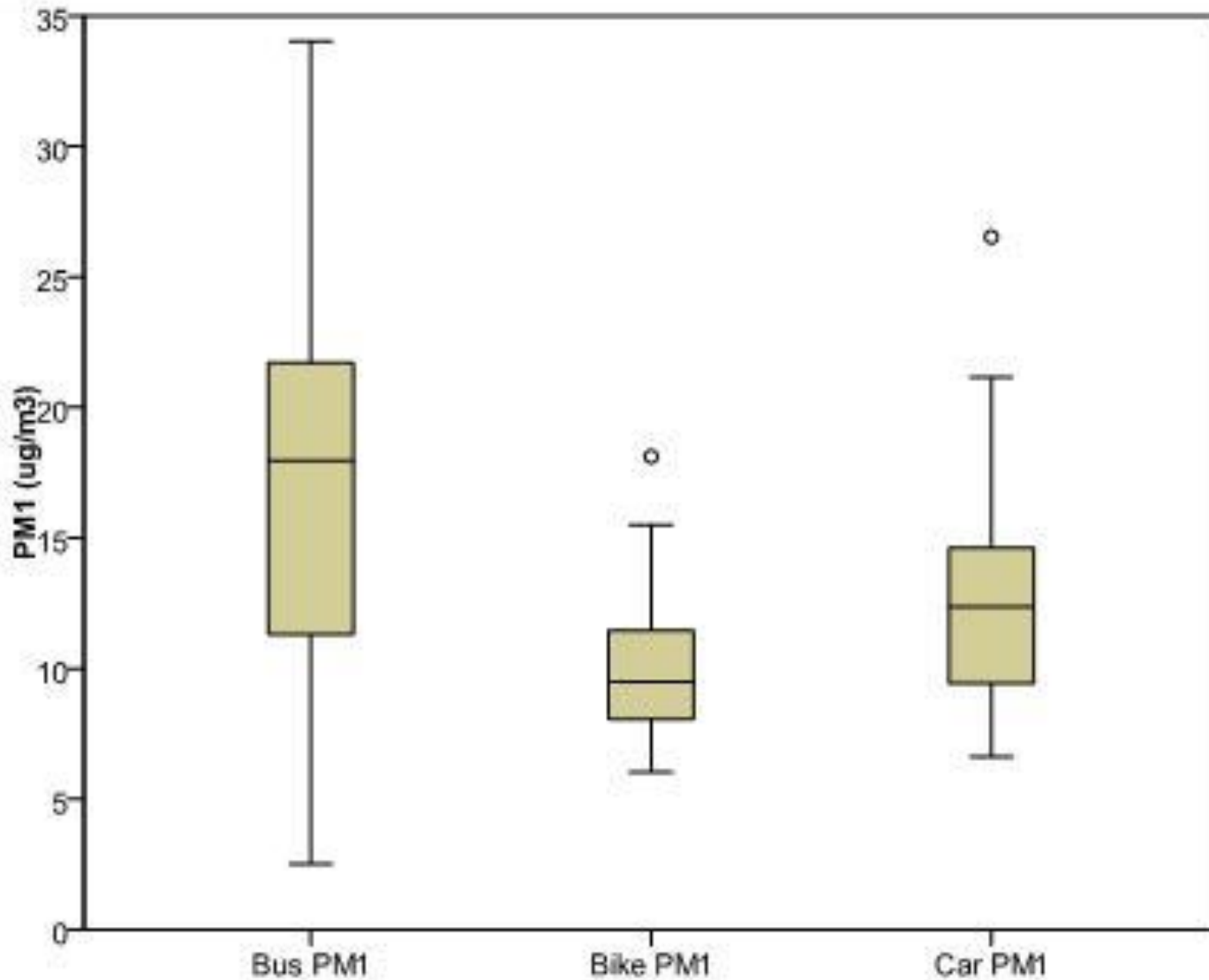
Mean CO
levels

Results – Auckland CO



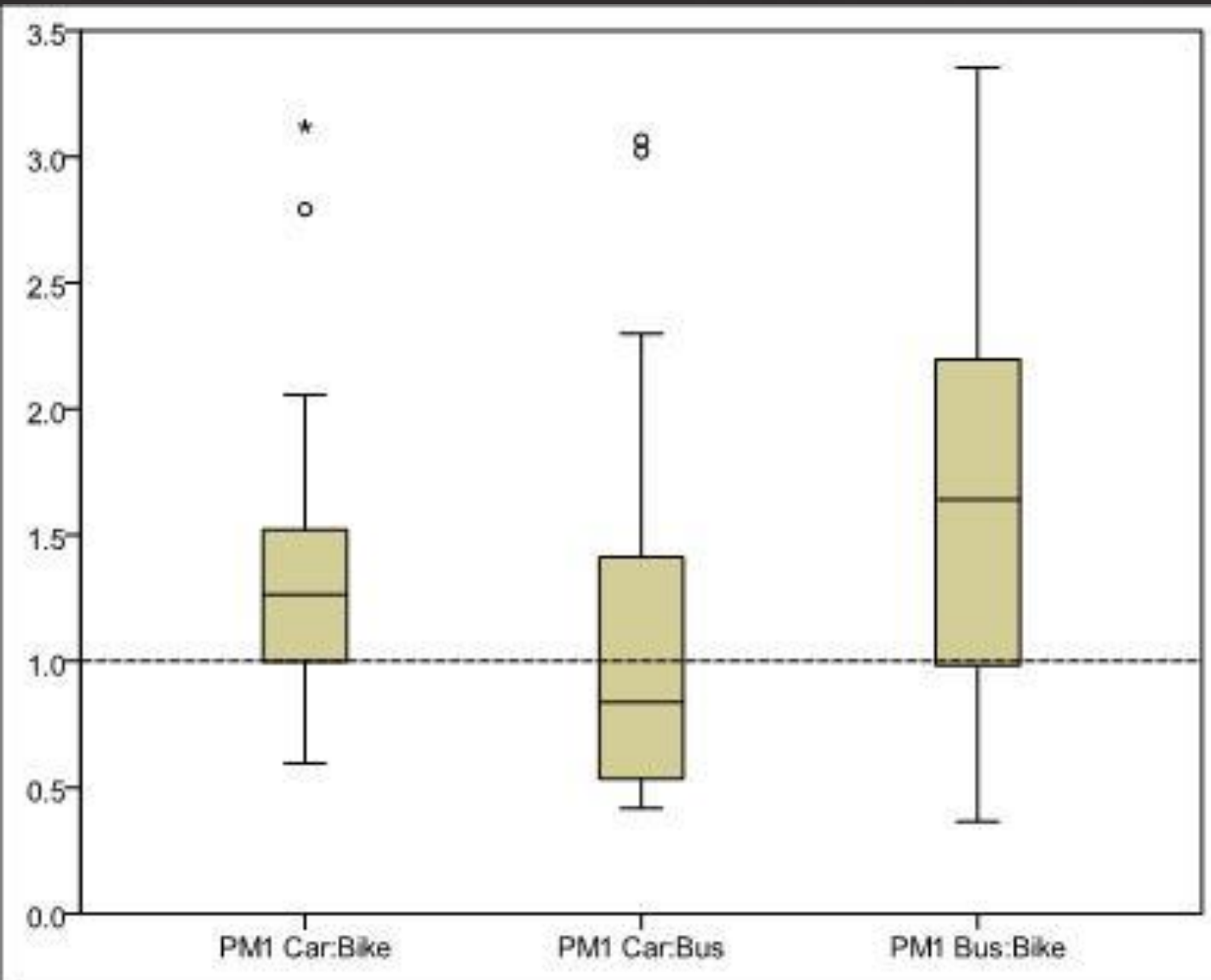
Ratios of
CO levels

Results – Auckland PM₁



Mean PM₁
levels

Results – Auckland – PM₁



Ratios of PM₁
levels

Cyclist exposure

- Christchurch
 - CO off- vs on-road



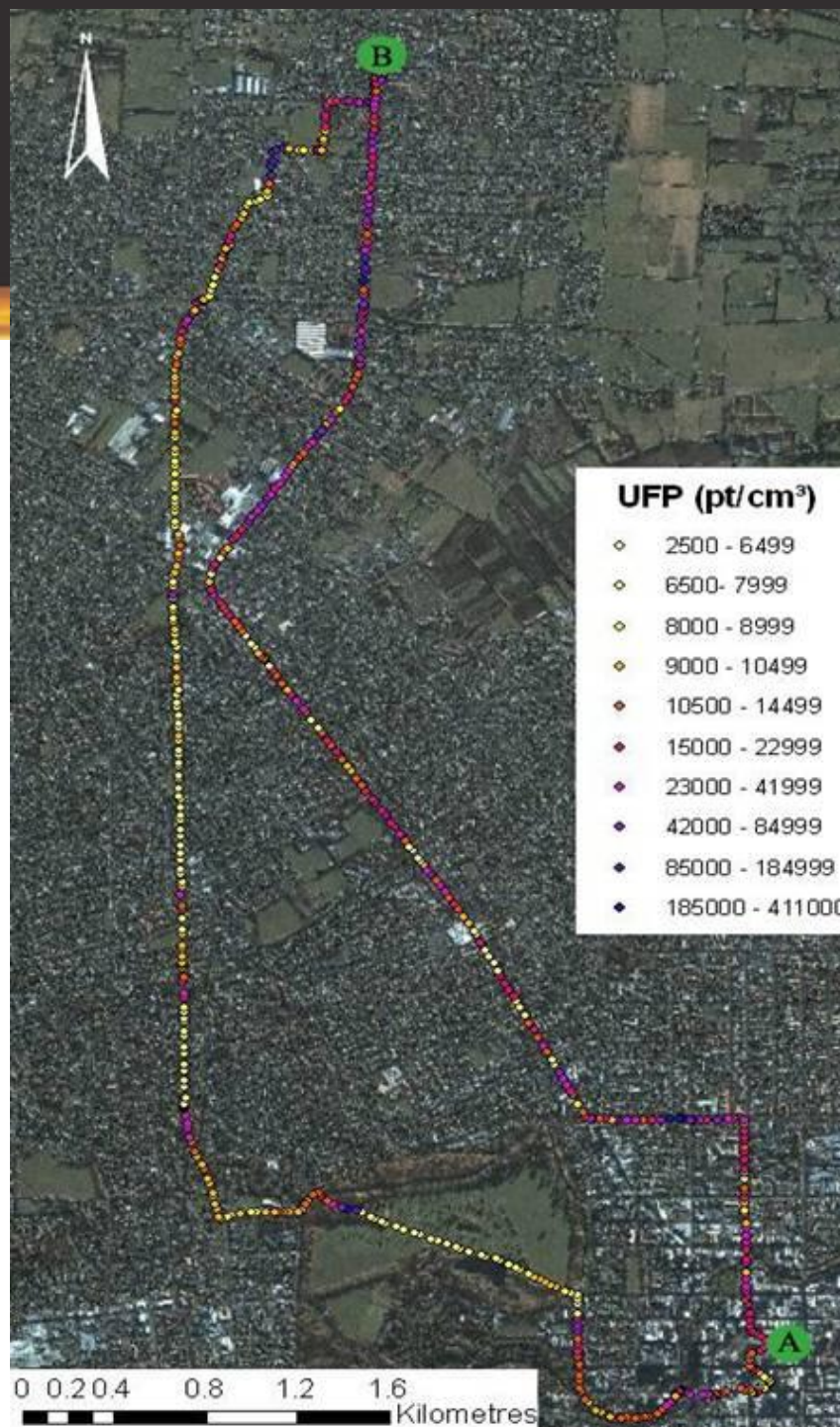
Cyclist exposure

- Christchurch
 - CO off- vs on-road



Cyclist exposure

- Christchurch
 - UFP off- vs on-road



Cyclist exposure

- Christchurch
 - UFP off- vs on-road



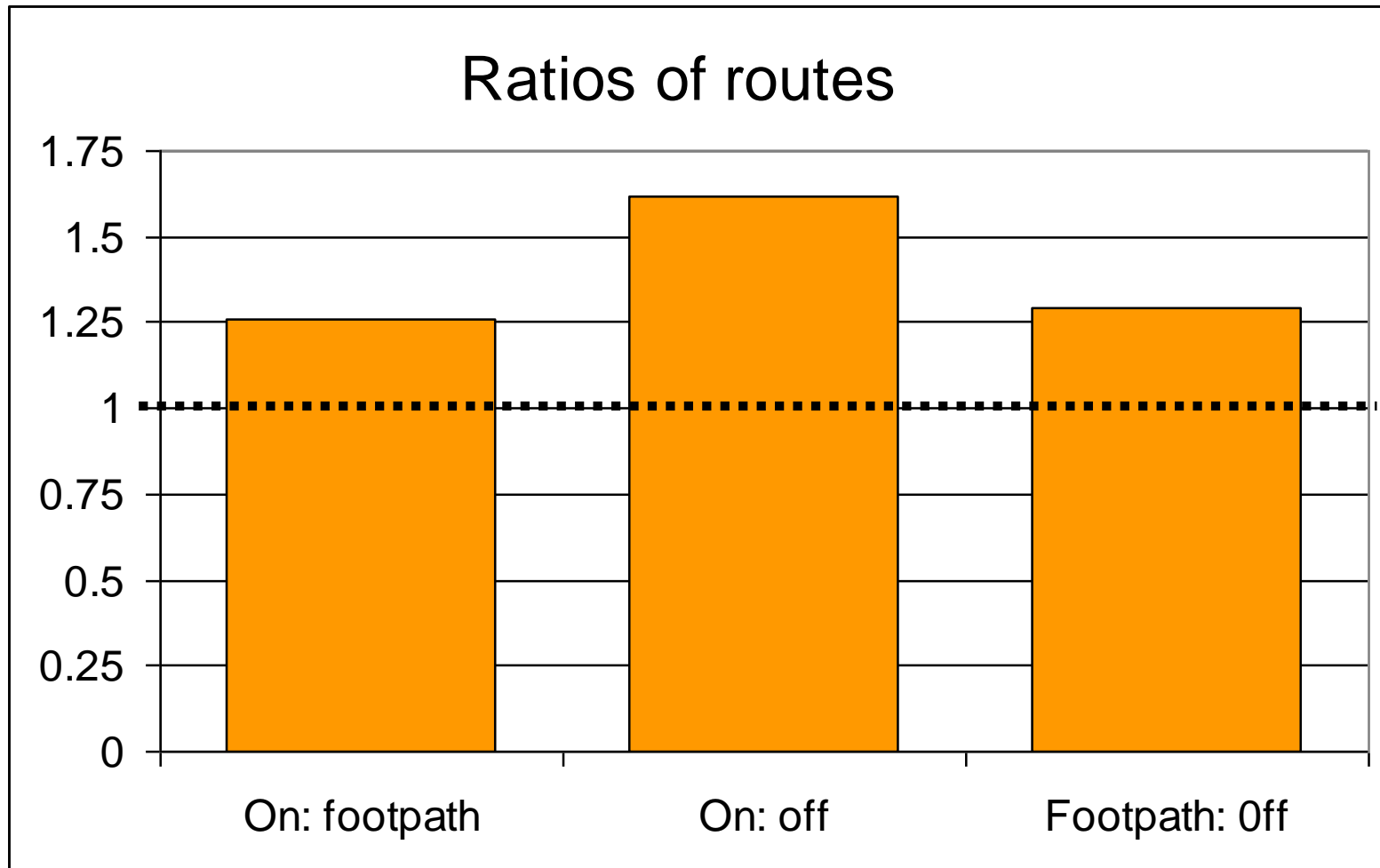
Cyclist exposure

- Christchurch - cycling: three route comparison



Preliminary results

- Christchurch - cycling: three route comparison



Key results

- Car drivers are consistently exposed to the highest levels of CO
 - >50% higher than cyclists, >80% higher than bus passengers and nearly 400% higher than train passengers
- On-road cyclists are exposed to higher levels than off-road cyclists
 - CO (60%), PM₁ (20%) & UFP (over 100%)
 - This could have significant policy implications for the location of cycle routes
- Car drivers & bus passengers are exposed to higher average levels of UFP than cyclists
 - However for very short acute exposures (a few seconds) on-road cyclists be exposed to higher peaks
- PM₁₀ & PM_{2.5} are poor indicators of exposure to vehicle emissions

Conclusions

- How you choose to travel does affect the amount of pollution you will be exposed to
 - Cars seem to be exposed to most
 - Doesn't account for respiration (dose)
 - Cyclists away from road less than on road

Possible policy implications

- Better knowledge
- Inform planning decisions
 - Design of enclosed transport environments
 - Cycle route location
- Public awareness
 - Informed decision making about modal choice
 - Basis for advocating change